

Perfect Timing!

First of all, Happy New Year from the staff, students, and board of directors of the Hilltop Lutheran Neighborhood Center! We are praying for a good one.

Back in November, the Hilltop Center began preparing for the holidays with a theme of “Wellness and Nutrition.” Youth Services Coordinator, Teresa Allen, says activities took a holistic approach. “Lessons focused on educating youth about correct food portions, what foods should be included as part of a healthy diet, and living a healthy lifestyle. Youth were led in interactive social emotional lessons using their mind and body to practice personal interaction skills.”



During another week, students were given a choice of activity centers: the Center’s gym, the game room, or the multipurpose room. Teresa reports that the multipurpose room was very popular. Why? Because one of the teachers was holding a cooking class there.

“She created a kid friendly snack with the group to share. One week she made a chocolate Acorn treat, that one of her students liked so much she went home and made the treat with her family. She brought Ms. Cara (the instructor) some of what her family made the following Monday. These are the moments that make our staff feel good about what we are doing.”

Finally, the Hilltop Center is ramping up its literacy and math skills programs. Teresa says both were done in a kid’s fun way. “Literacy based games were made available for the students to play with peers while staff checked in and provided support when needed. Highlighted books of the month were: Grab & Go games, Miss Bernard is a wild Card, and Antonymys Bingo.”

Teresa says activity over at the math station included, “cards and board games, building blocks and Legos, Number Park, Logic Roots, File folder games, and Sequence for Kids, Sums in space- Money Operations.”



Fun ways to learn reading and math. Wish they had been around back in the day! Good job, everyone!

*Eric F. Mease
Member, Board of Directors
Hilltop Lutheran Neighborhood Center*